

# The PRIDE

Spreading the Louie Love!



February 14 – Valentine’s Day

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## SEC Spotlight

*Alicia Vest*

*SAACURH Regional Advisor*

Sending Louie Love with Recognition

Valentine’s Day doesn’t just have to be about pink hearts, red roses and couples showing how much they love each other. It should also be about recognizing the importance of everyone in your life. Whether you are recognizing your friends, fellow staff members, family or board members, remember to show them your love this Valentine’s!

Be creative in your recognition. We all love the OTM process and other recognition formats on our campuses, but think outside the box too. Make special door decorations for those who like to be recognized publically. Cook dinner for a group of your friends and tell them how much they mean to you. Email a professor about how great you thought today’s lecture was or thanking them for their help on your project. Or simply write a note to someone who could use the pick-me-up. And on this Valentine’s Day, don’t forget to call your family and tell them you love them!

### No Frills 2011 Update

Be sure to read the updates about No Frills 2011! Appalachian State has worked for this conference, so make sure you pay attention to all of their updates!



## R.O.C.K. You Rock! You Rock!

I'd like to give a HUGE shout-out to the NCARH 2011 Conference Team!

**Conference Co-Chair:**  
Christina Fluet

**Conference Co-Advisors:**  
Kim Demaree & Annice Fisher

### **Conference Committee Chairs:**

Kirsten Stone, Jessica Slee, Zach Cole, Mary La, Alex Turpin, Melissa Paniagua, Alexis Rabin, Brittany Tharrington, Ryan Collins, and Patrick Spaugh

### **Conference Committee Advisors:**

Justin Lukasewicz, Steve Wood, Clarissa Simpson, Chad Humphrey, Sarah Hoffarth, Josh Alexander, Robert Barker

Your hard work and dedication this year has truly made for an inspiring and unforgettable conference! Thank you for being a part of our conference team! You all embodied true Carolina spirit in your leadership, and I am so honored to have worked with you all and gotten to know you all better this year!

Sincerely,  
Jennifer Slee  
NCARH 2011 Conference Co-Chair



# We put the P.R. in PRIDE!



The SAACURH PR & Marketing Committee is getting ready to bring some great things to the fiercest region of NACURH! This committee is made up of six energetic and talented student leaders from across the region who have been working hard all year on some special projects of our own. Currently, we are in the process of revising old documents and preparing some new content for the SAACURH website.

What does this mean for you?

We are getting ready to bring you the first-ever “SAACURH Day!” On this special day, look out for *all-new* content, updated documents, and more PRide than you can handle! We will also be conducting special giveaways throughout the day, along with all of these new resources for you to enjoy.

Look out for “SAACURH Day” next month, around the time of No Frills! Keep checking the website for more details and information.

Jessica Slee  
UNC-Chapel Hill  
SAACURH PR & Marketing Committee

## Top 10 Reasons Why Being a Non-Traditional Housing Student Rules!

1. While all my friends wear business suits to work, I can wear sweatpants to my "office".
2. Being barefoot is not only acceptable but encouraged.
3. I live in a house (Residence Hall) where I have 170 roommates.
4. College activities.
5. I consider Dining Services my own personal chef because I never have to cook a meal.
6. SPORTING EVENTS!
7. There is always free food somewhere.
8. We have a cleaning service. My mom doesn't even have that.
9. There is no such thing as taking out the trash.
10. It keeps you young.

Submitted by: Morgan Biggs  
V.P. of RHA at the University of Tampa

## On the Prowl for the next PRIDE!!

If there is something you would like to see in next month's issue of the PRIDE, please send all pictures, articles, ideas, top 10 lists, shout-outs and anything else you can think of to:  
[sa\\_rcca@nacurh.org](mailto:sa_rcca@nacurh.org).

## No Frills 2011 Update

Hey SAACURH!

The sun is here and it is a warm 46 degrees! Despite the beautiful weather, the SAACURH No Frills 2011 Conference Planning Committee is working hard to make preparations for your arrival in March. We are in the process of wrapping up registration, seeking more donations and sponsorship, and finalizing all the details. As a final reminder, registration for No Frills closes on February 10<sup>th</sup> and we will not be able to accept registration after this date! Please remember to complete all of the registration forms, including: your school, advisor, and delegates as soon as possible! The direct link to the registration page is: <http://rha.appstate.edu/pagesmith/140>. I encourage you, if you are planning to fly, to please send your travel itinerary to our transportation chair, Ann. You will find Ann's contact information, along with all of the planning committees contact information on our website <http://rha.appstate.edu/nofrills2011> if you have any additional questions or concerns. Also, remember payments must be postmarked on or before February 24<sup>th</sup>. We are getting more and more excited for you to come to Appalachian and Find Gold In These Hills! See you soon!

Laura Hege  
Chair of SAACURH No Frills 2011  
[saacurh.nofrills2011@gmail.com](mailto:saacurh.nofrills2011@gmail.com)



### Top 10 Songs to Move to Groove to!

1. The Macarena
2. Cupid Shuffle
3. Cha-Cha Slide
4. John Cage – 4'33
5. Teach Me How to Duggie

6. Jump on It
7. Cotton-Eyed-Joe
8. 99 Red Balloons
9. No Hands
10. I'm on a Boat
11. I Want It That Way

## Dates & Deadlines

- 2/18 Early bid submissions (award and conference)
- 2/18 Early bid submissions (positional)
- 2/25 Award Bids Due
- 2/25 SAAS deadline
- 2/25 Conference host bids due
- 2/25 Award bids due
- 3/1 Grace Period (award/conference)
- 3/2 Bids posted online
- 3/2 Bid Criteria Sheets posted
- 3/4 Positional Bids Due
- 3/4 Program Grants Due
- 3/4 Affiliation Grants Due
- 3/8 Grace Period (positional)
- 3/9 Positional bids online
- 3/11 Legislation due
- 3/14 Legislation online
- 3/18 No Frills check-in
- 3/18 SA/NA 4 yr service pin due
- 3/18 Bid Criteria Sheets Due

## Affiliations

Hey SAACURH!!!

Its conference time again and if you plan on attending No Frills it is ESSENTIAL you have a complete affiliation to attend boardroom!!! If you have any questions about your affiliation status please contact [sa\\_rccde@nacurh.org](mailto:sa_rccde@nacurh.org). Additionally, do you have a RHA chapter but not a NRHH chapter or vice versa? Are you interested in having both at your campus? If so, please contact [sa\\_rccde@nacurh.org](mailto:sa_rccde@nacurh.org) to get more information on how to affiliate/create a RHA or NRHH chapter!!!

Megan Dutton

## SAACURH Grants

### SAACURH Program Development Grant

1. Purpose: The purpose of this award is to assist schools in implementing programs on their campus.

### SAACURH Membership Affiliation Grant

1. Purpose: The purpose of the grant is to provide member institutions the opportunity to apply for an affiliation grant to help defer the cost of affiliation with NACURH.

*AL, GA, MS, FL, NC, SC, TN, KY, VA*

Congrats to all of the states who have completed their state conferences so far, you all have done a great job! For the states who have not had yours yet we look forward to hearing about the great things that will go on. 😊