



MOWII Messenger

GLACURH RHA Outreach & Development

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October 2010

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GLACURH

The Great Lakes Affiliate of College and University Residence Halls is a student-run organization working to promote and improve student life on college and university campuses across the region, including Michigan, Ontario, Wisconsin, Illinois and Indiana. This group is primarily focused on providing quality programming and activities for on-campus residents that will make their college experience a positive one.

It's All About the Chemistry!

Want to mingle with some other atoms? Go to GLACURH 2010! GLACURH 2010 is going to be one of the greatest conferences you will have the opportunity of experiencing. Here are some of the details of this year's conference:

GLACURH 2010: "It's all about the Chemistry" will be held November 5th-7th at the University of Illinois-Urbana-Champaign.

This conference will be rich in learning and in entertainment. Learn how to be a more efficient leader through

programs, speakers, and meeting other student leaders within the region.

Entertainment for the conference will be epically wonderful. Drag shows, break dancing, Basketball, dodgeball, volleyball, ping pong, Nintendo Wii, and great movies are all things to do to water the blossoming friendships between delegates!

GLACURH 2010 will award a large and small school with the honors of being the most spirited delegations. Winning spirit will not be an easy thing to do. Schools from across the

region will fight for the title through roll calls, banners, displays, and an overall enthusiasm.

Conference staff members have been planning GLACURH 2010 for over a year. When you see the conference staff at GLACURH, be sure to thank them!

This spectacular leadership conference is too wonderful to miss. If you are not able to attend, make sure speak with the conference delegates and learn about their experiences!

The Disagreement Dimension

It is getting to the point of the year when conflict is likely to begin within the RHA system. Conflict is present in both healthy and unhealthy organizations, but conflict itself is not bad. Since conflict is unavoidable, the goal of the group should be to manage it effectively.

The potential for conflict increases in situations such as unclear boundaries, scarce resources, behavior regulation, communication barriers, and unresolved prior conflicts.

A good way to deal with conflict is through confrontation. What a scary word! Confrontation can be the best thing to happen with members of a group. Some things need to happen before this conflict can be solved through confrontation.

Both parties should:

- *Be willing to resolve the conflict
- *Be willing to accept differences
- *State goals that are agreeable
- *Provide flexible time guidelines

Always remember to depersonalize the situation, avoid "us-them" situations, focus on solving the problem, use facts and objective issues, and define the problem in terms of mutual needs.

There is no one way to solve conflict, but there are wrong ways. Check out the link below for more help.

NACURH RHA Handbook

<http://www.nacurh.org/docs/RHA%20President%20Handbook.pdf>



Can You Hear Me Now? Good.

Most important thing to know: hearing is not equivalent to listening. Communication is a process. Most of the time we forget that listening is also part of the listening process. Listening is necessary for an organization to function properly. Here are a few steps to become more effective listener.

Keep an open mind. Try not to go into a situation with outlying biases. This could automatically lead to a poor communication process. Let the speaker speak, and keep an open mind.

Focus on the message, not the speaker. Many times, the speaker can detract from the message due to a nervous, or even normal, behavior. Focus on the message to assure you don't miss it!

Process. Now that you have the information, don't let it go in one ear and out the other. Let those wheels turn and take it all in. If you don't understand what the speaker is trying to convey...

Ask Questions! Speakers generally like when listeners take an interest in the topic

and in fact want listeners to understand the message.

Give Feedback. Feedback is a continuous sub-process of communication. Speakers feed off of what their listeners are telling them. Lean forward, maintain eye contact, and give the "head nod." However, speakers can tell when a listener is giving an "empty head nod." Be careful-It's important that you are genuine when giving feedback.

Listening can be difficult at times, but take these factors into account and keep those ears open!

MOWII's Monthly Madness-Polar Bear Facts

Polar bears can smell seals from 20 miles away!

Their feet act like snowshoes so they can walk safely over the snow and ice

Polar bears need to eat about 4 lbs of meat per day to survive.

A polar bear's skin is actually black!



We are here to help you with your Chemistry homework :)

Meet your Lab Partners

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Conference Chairs

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Check out our blogs at <http://glacurh.nacurh.org/wordpress/>

October 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
*All Times in CST.					1	2
3	4	5	6	7 GLACURH Conference Award Bids Due @ 11:59PM*	8	9
10 OTMs Due @ 11:59PM	11	12	13 GLACURH Program Submissions & Delegate Registration Due @ 11:59PM*	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31	GLACURH Conference 2010: November 5th-7th <i>It's All About the Chemistry</i> <i>University of Illinois-Urbana-Champaign</i>					



GLACURH

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Peace. Love. Polar Bears.



Mission Statement:

NACURH is the leading national organization advocating for the interests and welfare of residence hall students, while also providing opportunities for their personal growth and development. It is an organization of students committed to developing leadership, honoring diversity, recognizing achievement, promoting scholarship, as well as stimulating engagement and involvement among students who reside in college and university residence halls. Through regional and national programs and services, NACURH provides leadership opportunities for students, shares residence hall programming resources and best practices, and coordinates activities with appropriate professional associations and business partners for the fortification and betterment of community through and residence hall experience.